

# Lenten Project:

# Care Kit Ministry 2019

## Care Kit Item Suggestions

Items accepted from March 6<sup>th</sup> through April 7<sup>th</sup>, 2019

### Items Most Needed Now

\*Hand warmers – little packets that you break open, and provide warmth

\*New socks and \*new underwear — men's & women's sizes

### Hygiene Items

- Individual size or hotel sample size shampoo, body wash, and lotion
- Small bars of soap
- Toothbrushes, toothpaste, dental picks and floss
- Small combs
- Nail clippers
- Feminine hygiene products, pads, tampons, and wipes



### Comfort Items

\*\*Please No oral medications such as tablets or capsules, and

\*\*No liquids or gels with alcohol (such as mouthwash or sanitizers)

- Large Band-Aids
- Blister pads or blister Band-Aids
- Small tubes of antibiotic ointment
- Foot powder
- Small packs of tissues
- Lip balm
- Cough drops
- Vitamin C lozenges
- Granola bars or protein bars - individually wrapped and in original packaging, and not past the expiration date
- Zip lock sandwich and quart size bags

