



Choosing a Confirmation Saint Name

As a Confirmation Candidate you have the opportunity to choose a Saint name as your *Confirmation Name*. During the Confirmation Ceremony, the Bishop will use this special Confirmation Saint name. Saints are humans just like us, they had struggles, joys and triumphs. They allowed God's love to transform them into Saints and can be powerful role models for us throughout our lives.

Tips for picking a Confirmation Saint name:

Choose a Saint that has a similar life story. Not all Saints had perfect lives. In fact, most had to overcome serious obstacles and struggles. Why not be learn about them and be inspired by their example?

Choose a Saint that had similar daily struggles so you can see how they succeeded in Christ even with the struggles.

Choose a Saint name that has a family tradition and is an active part of the family prayer life.

Choose a Saint who inspires you.

Choose a Patron Saint. Good at speech/debate? Enjoy sports? Want to be a doctor, lawyer or teacher? There are literally thousands of Saints who are considered "Patron" of just about any job, talent, gift, struggle, city, town and country imaginable! Be creative and ask the Holy Spirit to guide you in picking this special Saint.

Where do you find out more information on Catholic Saints?

If you do any type of google search you will find thousands of answers for Catholic Saints. Optional sites that might be helpful:

<http://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>

<http://www.catholic.org/saints/>

<http://www.catholic-saints.info/patron-saints/>